

DDGC NEWS

**September
2024 Edition**



Hello DDGC! Thank you for another amazing gymnastics year together. We hope that you had a wonderful summer and we can't wait to start the Fall Season, and new Gymnastics Year with you!

The energy at our Club is radiating from the outstanding level of interest we've had for our Fall Programs.

Classes begin within the second week of September:

Monday Classes:	September 9th
Tuesday Classes:	September 10th
Wednesday Classes:	September 11th
Thursday Classes:	September 12th
Friday Classes:	September 13th
Saturday Classes:	September 14th



COACHES WANTED

Duncan Dynamics Gymnastics Club is seeking individuals who are enthusiastic, motivated, kind and love working with children & youth to join our coaching team! Coaches must be Gymnastics Foundation certified and Safe Sport Certified.

All enthusiastic coaches-to-be are encouraged to apply. Please send resumes and experience to Karl McPherson: headcoach@ddgc.ca. If you know anyone who may be interested, please pass on the message!

Important Dates

September 2	Gym Closed - Labour Day Statutory Holiday
September 3	Office Closed - Classes Run as Scheduled
September 9	First Day of Fall Classes - Recreational
September 17	Office Closed - Classes Run as Scheduled
September 21	Pro D Day Camp Registration Ends
September 23	Pro D Day Camp!
October 1	Withdrawals No Longer Eligible for Credit

Invitational Deadlines

September 2	Schedule Submission Deadline for Invitational Families
September 5	Deadline to Bring In Used Comp Leo's for Sale
September 9	Deadline to Declare Comp Leo and Jacket Purchase - Acquired Used / Need to Buy New



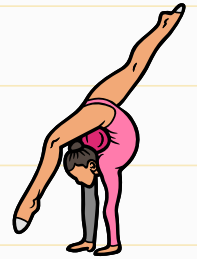
PRO D DAY CAMPS!



The days for our Pro D Day camps are set!

This Fall, we will have 3 Pro D Day camps, in addition to classes, on the following days:

Monday, September 23rd 2024 | 9:00 AM - 4:00 PM
Friday, October 25th 2024 | 9:00 AM - 4:00 PM
Friday, November 22nd 2024 | 9:00 AM - 4:00 PM



Classes will still run as scheduled on these days.

Registration for all three of these Pro D Day camps starts September 5th at 1:00 PM! Pro D Day Camps can be very popular so don't wait to register or you might miss out!

FALL SEASON



Classes start the second week of September (September 9-14th).

If you will have other adults picking up or dropping off your gymnast besides yourself, please submit a Permissions Form before the first day of classes. This includes any parents who are not the primary account holder!

Please remember to budget 10 minutes before the start of classes and 10 minutes before the end of classes for drop off and pick up. We ask that all parents stay for at least 10 minutes *after the class starts* before leaving in case our coaches need to reach you for any reason.

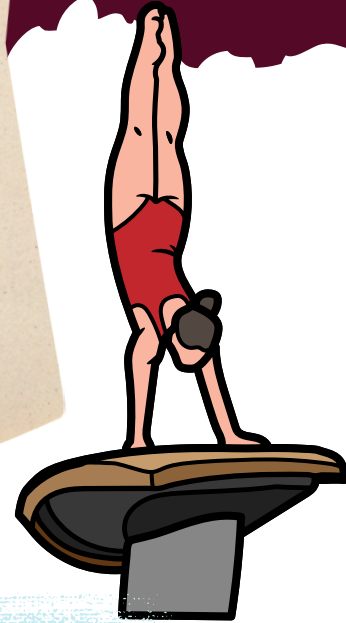
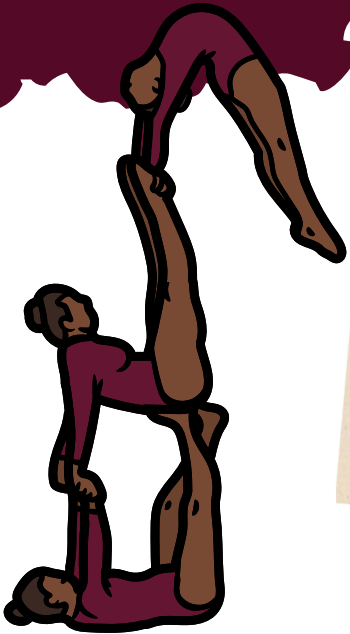
A Few Friendly Reminders:

- Make sure to bring a LABELLED WATER BOTTLE to class.
- Gymnasts should wear a leo, or a fitted T-Shirt that can be tucked into shorts or comfortable pants.
- NO JEWELLERY OR ACCESSORIES in the gym! (especially bobby pins)
- Enter through the lobby on the right side of the viewing windows when starting class, please do not enter through the exit doors!
- Listen to your coach, play safe, and be kind to others.
- HAVE FUN

Return-It Duncan

Take your bottles to the Return - It
in Duncan and tell them that you
want to put the proceeds towards
our “**Duncan Dynamics**” account.

Thank you for donating your
bottles to our club!
Bottles should be in a clear blue
recycle bag, and glass items in a
box instead of a bag.



Invitational Families

Competition suits will be ordered in September.

Don't miss the deadlines listed on the
first page for Invitational Families!

Competitive Leo's are even more
expensive when ordering them by
yourself, take advantage of the group
discount instead!

Athletes must have a matching team
suit in order to attend competitions.


Meet and competition registrations are starting!

Pay close attention to your inbox for
emails headed your way.

Competitions must be registered and
paid through your DDGC Account in
order for your athlete to attend.

Did you know? The Pre-Season Check
in has already been sent out, so make
sure to check your emails!!

SEPTEMBER CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3  OFFICE CLOSED	4	5  REGISTRATION FOR PRO D DAY CAMPS OPENS	6	7 
8	9 	10	11	12	13	14 
FIRST DAY OF FALL 2024 RECREATIONAL CLASSES						
15	16	17  OFFICE CLOSED	18	19	20	21 REGISTRATION FOR PRO D DAY CAMP ENDS
22	23  PRO-D DAY CAMP	24	25	26	27	28
29	30 	1	2	3	4	5 
WITHDRAWALS NO LONGER ELIGIBLE FOR CREDIT						

GET READY!

Duncan Dynamics' AGM (annual general meeting) is coming up fast in **November**.

If you are interested in making a difference in our community, learning about what's coming up, or joining our Volunteer Board of Directors, this is the time!

WEEKLY UPDATES

DON'T MISS!

Stay up to date about important announcements, upcoming dates, events, and registration info for upcoming seasons by joining our **Weekly Update** email list!

